

Make Your Expectations Clear at the Start of the School Year

High school matters. The grades your teen receives can affect everything from how much you'll pay for car insurance to whether she can play sports in college. So it's important to give your teen a solid foundation.

Research from the Harvard Family Research Project shows that there is one thing every parent can do: expect a lot. When you expect that your teen can do well in high school, she picks that up. As a result, she also starts believing that she can do well.

That means she spends more time doing homework. The result, of course, is that she does better in school.

Here are three things you should do every day:

1. Talk with your teen about school. Tell her you want her to do her best each day. Your teen may not be at the top of her class--but she can always do her personal best.
2. Talk about next steps. Help her see the link between good grades and success in her future career.
3. Emphasize effort. When your teen is feeling like she can't do her math or her English report, encourage her not to quit. Teens need to learn to stick with a tough task even if it's a bit of a challenge.

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DATES TO KNOW

September 14th– October 15th
College Day Fairs

October 8th
SAT Registration Deadline

October 9th
SAT Test Date

October 16th
Fairmont State Student Success
Saturday (watch for post card for more
information)

November 1st
Promise Scholarship application
available at cfwv.com

***See College Day Flyer on Back**
**NOTE: All dates subject to change
and may vary by school.**

Websites:

www.cfwv.com:
*Your Free Source for
College and Career
Planning*

**www.fairmontstate.
edu/gearup:**
GEAR UP website



Parent Surveys



Parent Surveys were distributed to students at the beginning of the school year. Completed surveys, along with the prize ticket, must be mailed to GEAR UP in the envelope provided by **September 30th** to qualify for prizes. Of those who respond to the survey, one parent from each school will win a digital camcorder. In addition, an iPad will be awarded to one participating parent in the Fairmont State grant. If you did not receive a copy of the survey, you can call 1-877-385-0896 to request a copy or download it at fairmontstate.edu/gearup.

West Virginia College Day 2010

Comes to
United Technical Center!

September 21st 6:30 pm-8:30 pm



See GEAR UP website for directions

ALL GEAR UP Students & Parents welcome to attend!

GEAR UP students who attend the fair,
will be entered to win

The Fairmont State GEAR UP \$300 Bridge Award!

*The following are all of the dates and location
for WV College Day 2010 in our Region*

West Virginia College Day		Schools/County Attending	Location
14-Sep	9:00am - 10:30am	Doddridge	Doddridge Co HS
16-Sep	1:00pm - 2:30pm	Calhoun	Calhoun Co HS
20-Sep	9:00am - 10:30am	Preston, Grafton, Clay Battelle, Morgantown & University	WVU
21-Sep	8:30am	East Fairmont, Fairmont Senior & North Marion	FSU/PCTC Main Campus
21-Sep	6:30pm - 8:30pm	Open to Harrison County and ALL GEAR UP High School students	United Technical Center (Clarksburg,)
22-Sep	9:00am	Elkins, Tygart's Valley, Harman, Pickens, Pendleton, Pocahontas & Tucker Co	Davis and Elkins College
23-Sep	9:00am - 10:30am	Gilmer	Gilmer Co HS
23-Sep	1:00pm - 2:30pm	Braxton	Braxton Co HS
15-Oct	10:00am	Buckhannon-Upshur, Philip-Barbour & Lewis County	WV Wesleyan College

