

THE FAMILY TIMES

GEAR UP News from Fairmont State

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COLLEGE APPLICATION WEEK NOVEMBER 14-18, 2011

College Application Week is coming soon! Seniors can take this opportunity to have some fun learning about their options for education and training beyond high school. PLUS, participating seniors have a chance to win some great prizes including an Apple iPad or 1 of 4 \$300 Bridge Awards!

If you need any assistance in applying to college, please contact your GEAR UP Liaison or the GEAR UP office at 304-367-4302.

Start exploring college and careers at cfvw.com today!

DATES TO REMEMBER

November 1st
PROMISE Scholarship Application Opens
www.cfwv.com

November 14-18
College Application Week

November/December
Computer Scholarship

February 12
College Goal Sunday

Websites:

www.cfwv.com:

Your FREE Source for
College & Career Planning

www.fairmontstate.edu/gearup:
GEAR UP website

PROMISE Scholarship

Application Opens November 1st

The PROMISE Scholarship is a merit-based financial aid program for West Virginia residents. Students who achieve certain academic goals are eligible to receive funds to help pay for college. Eligible high school graduates will receive annual awards up to \$4,750 to cover the cost of tuition and mandatory fees at public or independent institutions in West Virginia.

A student must graduate with a minimum 3.0 grade point average, or whatever is locally considered a "B" average, in both the core courses and overall coursework (weighted grades may be used). The core grade point average includes all core courses, but does not include electives. GED/home-schooled students must attain a 2500 minimum score on the GED for scholarship consideration. Students other than those attending a West Virginia public high school (i.e., private high schools and students commuting to an out of state high school) must submit a grade report form in order to be considered.

ACT/SAT scores must be from a national test administration and cannot be combined from multiple test administrations. In addition, the ACT and/or SAT writing portion will not be used in calculating minimum combined scores. Students should also read the complete list of PROMISE Scholarship Eligibility Requirements which can be found at cfw.com. This list also outlines eligibility requirements and application procedures for home-schooled students.

Applicants for PROMISE Scholarship awards are strongly urged to perform at least 20 hours of unpaid community service while in high school and college. The community service may include, but is not limited to, participating with non-profit, governmental, institutional or community-based organizations designed to improve the quality of life for community residents, meet the needs of community residents or foster civic responsibility.

For more information visit www.cfwv.com

Scholarship Search Engines



Looking for scholarships? Here are some FREE websites that can help:

- ⇒ College Foundation of WV (CFWV)
www.cfwv.com
- ⇒ Fastweb
www.fastweb.com
- ⇒ CollegeNET
www.collegenet.com
- ⇒ Scholarships.com
www.scholarships.com
- ⇒ ScholarshipMonkey.com
www.scholarshipmonkey.com

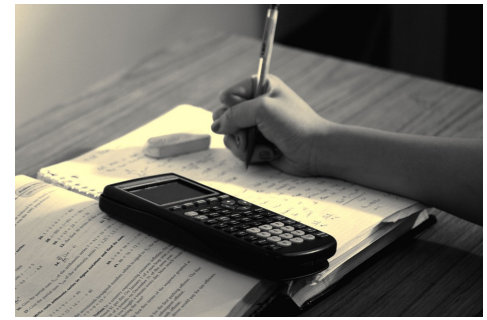


Conquer math challenges with a five-step plan for success

High school math can be frustrating for both students and parents. Your child may feel like she "just doesn't get it." And you may not be able to help her like you could in elementary school. Still, you can offer your teen a strategy to try:

1. Start with a good attitude. Ask your teen to say, out loud, "I am capable of doing this math." Research has shown that positive thinking has a big impact on motivation.
 2. Do a little at a time. It might be easier for your teen to complete five problems in one sitting instead of all 30 at once. Encourage her to take breaks in between.
 3. Read each problem at least twice. If your teen gets confused, she should check the textbook (or another source) for an explanation of how to do that type of problem. Looking at sample problems can be a big help.
 4. Start solving the problems. Encourage your teen to take her time. Go back if you hit a snag. Your teen should go back and carefully check her work. Sometimes, the issue is a mistake in adding or subtracting, or in using the wrong equation. If that doesn't get her back on track, she could try the textbook again, use the Internet (try www.askdrmath.com) or call a friend with strong math skills.
- With this strategy, your teen should be well on her way to conquering math challenges. But if your teen still struggles, suggest that she talk to her teacher for specific help.

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ASK Your Liaison about:

- ⇒ Computer Scholarship Applications
- ⇒ College Application Week
- ⇒ College Goal Sunday
- ⇒ Financial Aid
- ⇒ Local Scholarship Opportunities
- ⇒ AP Fee Wavers
- ⇒ ACT Prep
- ⇒ Credit Recovery
- ⇒ Dual Enrollment
- ⇒ NetTutoring
- *Nursing now available
- ⇒ Tutoring

Robert H. Mollohan Family Charitable Foundation Scholarship

Established in 2000, the Robert H. Mollohan Family Charitable Foundation, Inc. is a non-profit, non-political charity governed by 24 independent Board members in West Virginia. The Foundation was created by the family of the late Hon. Robert Mollohan to improve the life of persons living in West Virginia through its educational, scientific, and charitable programs.

Through his remarkable life, Robert Mollohan worked hard to achieve his goals and visions for the young people of West Virginia. Through the charitable contributions and activities of the Robert H. Mollohan Family Charitable Foundation, Inc. scholarships, internships, and community grants encourage gifted young students to plan a bright future in their native state.

Over the past ten years the Foundations has provided and/or supported over 450 Scholarships and Loans totaling over \$706,500. It has also awarded a number of community grants across the state totaling over \$450,000. Put simply— that's over one million dollars to assist young, talented West Virginians in primarily educational pursuits.

The Foundation operates several funds for specific purposes, and for some funds, the Foundation may match the initial donated amounts. To learn more about the details of these programs, visit www.mollohanfoundation.org or contact the Foundation directly at (304) 333-6783.

Help your teen learn how to manage time

Teens have different strengths, weaknesses and skills. But there's one way in which they are all alike: They all have only 24 hours in a day to accomplish everything that needs to get done.

Finding a way to balance all the things they want to do with the things they have to do can be a real challenge. But studies show it's worth it.

Researchers have found that students who take part in organized activities, whether they are sports, clubs or Scouts, do better in school. They earn better grades and get into less disciplinary trouble.

Still, teens need to learn how to manage their time. Here are some ways they can make the most of those 24 hours each day:

- Make a to-do list every day. Just the act of writing down what needs to get done will focus your teen on what's important.
- Break big jobs into five-minute tasks. With flash cards in her backpack, she can review vocabulary words before the bus arrives.
- Get enough sleep. Many teens skimp on sleep so they can do other things. But this is a time when they need their rest. One simple way to encourage your teen to get more sleep is not to allow a TV, a computer or a cell phone in her bedroom at night.

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