COMMUNITY HEALTH EDUCATION PROGRAM

OVERVIEW OF THE PROGRAM:

The Bachelor of Science degree in Community Health provides students with the knowledge and skills to work in community-based programs. The focus of the degree is to prepare graduates to assess needs, plan and implement programs, conduct research, communicate health information, and serve as a resource person. Courses are designed with hands-on learning in mind. Students will participate in projects where they are meeting a community’s health needs. This degree program requires a minor OR an area of emphasis outside the major so students may focus on a specific area of interest, such as Exercise Science, Psychology, or Sociology.

Community Health Education is also offered as a 21-credit minor.

EMPLOYMENT OPPORTUNITIES:

Program graduates work to promote positive health behaviors and prevent disease by educating communities and individuals. Employment opportunities are available in non-profit, government, healthcare, and business sectors. Some graduates also earn for the Certified Health Education Specialist credential from the National Commission on Health Education Credentialing. A number of program graduates have earned this additional certification.

Job titles for Community Health graduates:

- Youth Health Educator
- Partnerships for Success Coordinator
- Adult Intervention Specialist, Suicide Prevention focus
- Threat Intake Examiner
- Cardiac Surgery Patient Navigator
- Fitness and Wellness Coordinator
- Child Nutrition Director & Wellness Coordinator
- Treatment Coordinator

What I like about Fairmont State University’s Community Health program is:
- It prepares me to work where I live.
- I am ready to work as soon as I graduate.
- I can go into any community, assess the situation, and help the community address their situation.

- Bobbi Nicole Beam, class of 2019

CONTACT INFORMATION
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### B.S. COMMUNITY HEALTH MODEL SCHEDULE

#### FRESHMAN FIRST SEMESTER
- **G.S. 1** CRITICAL ANALYSIS-SELECT ANY COURSE WITH THIS ATTRIBUTE ........3
- **G.S. 2** QUANTITATIVE LITERACY MATH 1407 OR HIGHER .........................3
- **G.S. 3** WRITTEN COMMUNICATION-ENGL 1101 ........................................3
- **HLTA 1150** INTRODUCTION TO HEALTH EDUCATION .............................3
- **EMPHASIS AREA/MINOR COURSE** .................................................3

#### FRESHMAN SECOND SEMESTER
- **G.S. 5** ENGL 1102 ........................................................................3
- **G.S. 6** TECH. LITERACY-SELECT ANY COURSE WITHIN THIS ATTRIBUTE ....3
- **G.S. 14** SOCIAL SCIENCES -PSYC 1101 OR SOCY 1101 RECOMMENDED ....3
- **HLTA 2210** DISEASE ETIOLOGY .........................................................3
- **HLTA 1110** NUTRITION ................................................................3

#### SOPHOMORE FIRST SEMESTER
- **G.S. 7** ORAL COMMUNICATION-COMM 2200, 2201, or 2202 ....................3
- **G.S. 11** INTERDISCIPLINARY-SELECT ANY COURSE WITHIN THIS ATTRIBUTE ....3
- **HLTA 2202** ENVIRONMENTAL HEALTH ..............................................3
- **HLTA 3320** BEHAVIOR CHANGE THEORY .........................................3
- **HLTA 3345** COMMUNITY NEEDS ASSESSMENT ......................................3

#### SOPHOMORE SECOND SEMESTER
- **G.S. 4** TEAMWORK-SELECT ANY COURSE WITHIN THIS ATTRIBUTE .....3
- **G.S. 15** NATURAL SCIENCES-SELECT ANY COURSE WITHIN THIS ATTRIBUTE ...3
- **G.S. 12** FINE ARTS-SELECT ANY COURSE WITHIN THIS ATTRIBUTE .......3
- **HLTA 2203** CONTEMPORARY & DRUG BEHAVIOR ................................3
- **HLTA 3350** HEALTH PROMOTION & PROGRAM PLANNING ...................3

#### JUNIOR FIRST SEMESTER
- **G.S. 9** ETHICS-SELECT ANY COURSE WITHIN THIS ATTRIBUTE ..........3
- **HLTA 3315** HEALTHY SEXUALITY .....................................................3
- **HLTA 3360** INTRO TO EPIDEMIOLOGY & BIOSTATISTICS .......................3
- **HLTA 4410** SEMINAR IN PUBLIC HEALTH ...........................................3
- **EMPHASIS AREA/MINOR COURSE** ..................................................3

#### JUNIOR SECOND SEMESTER
- **G.S. 10** PHED 1100 FITNESS & WELLNESS ..........................................2
- **G.S. 8** CITIZENSHIP-SELECT ANY COURSE WITHIN THIS ATTRIBUTE ....3
- **HLTA 3330** TECHNIQUES FOR HEALTH PROMOTION ............................2
- **HLTA 3390** CERTIFIED HEALTH ED. SPECIALIST PREP .........................2
- **EMPHASIS AREA/MINOR COURSE** ...................................................6

#### SENIOR FIRST SEMESTER
- **G.S. 13** HUMANITIES-SELECT ANY COURSE WITHIN THIS ATTRIBUTE ....3
- **G.S. 16** CULTURAL AWARENESS-SELECT ANY COURSE WITHIN THIS ATTRIBUTE 3
- **HLTA 4440** HEALTH RESEARCH & MEASUREMENT ..............................3
- **FREE ELECTIVES** ..............................................................................6

#### SENIOR FIRST SEMESTER
- **HLTA 4445** RESEARCH IMPLEMENTATION ..........................................3
- **HLTA 4446** FUNDING & ADMIN. OF HEALTH PROGRAMS .......................3
- **HLTA 4451** FIELD PRACTICUM IN COMMUNITY ..................................3
- **HLTA 4452** PORTFOLIO ......................................................................1
- **FREE ELECTIVES** ..............................................................................2

Students must complete a Minor or an Area of Emphasis as part of the Community Health Education degree. Students choosing to complete a minor should review the undergraduate catalog and speak with an advisor to determine options for a minor. Students choosing to complete an Area of Emphasis must choose one of the areas listed below.

**Areas of Emphasis**

**Psychology**
- **PSYC 1101**: Introduction to Psychology
  - 9 credit hours of Psychology courses at the 3000 and/or 4000 level
  - PSYC/SOCY 2240 Behavioral Statistics may count for 3 of the 9 hours

**Sociology**
- **SOCY 1110**: Introduction to Sociology
  - 9 credit hours of Sociology courses at the 3000 and/or 4000 level
  - PSYC/SOCY 2240 Behavioral Statistics may count for 3 of the 9 hours

**Exercise Science**
- **PHED 2211**: Anatomy & Physiology
- **PHED 3312**: Physiology of Exercise
- **PHED 3316**: Fitness Assessment & Exercise Physiology
- **PHED 3317**: Clinical Applications for Exercise Physiology

**Nutrition**
- **HLTA 1110L** Nutrition
  - 9 credit hours of Nutrition courses from the list below:
    - HLTA 1120: Nutrition in Childhood & Adolescence
    - HLTA 1145: Sports Nutrition
    - HLTA 1155: Local Market Agriculture
    - HLTA 2215: Introduction to Foods
    - HLTA 2220: Diet Therapy
    - HLTA 2250: Applications in Community & Medical Nutrition

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**MINOR COMMUNITY HEALTH EDUCATION**

- **HLTA 1150** INTRODUCTION TO HEALTH EDUCATION .........................3
- **HLTA 2210** DISEASE ETIOLOGY .........................................................3
- **HLTA 3320** BEHAVIOR CHANGE THEORY .............................................3
- **HLTA 3345** COMMUNITY NEEDS ASSESSMENT ......................................3
- **HLTA 3350** HEALTH PROMOTION & PROGRAM PLANNING .......................3
- **HLTA 3330** INTRO TO EPIDEMIOLOGY & BIOSTATISTICS .......................3

One course from the list below:
- **HLTA 2202** ENVIRONMENTAL HEALTH ..............................................3
- **HLTA 2203** CONTEMPORARY & DRUG BEHAVIOR ISSUES .....................3
- **HLTA 3360** COMMUNICATION TECH. FOR HEALTH PROMOTION ..........2
- **HLTA 3315** HEALTHY SEXUALITY .....................................................3
- **HLTA 3390** CERTIFIED HEALTH ED. SPECIALIST PREP .........................2
- **HLTA 4446** FUNDING & ADMIN. OF HEALTH ......................................3

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Note: This model schedule is a suggested course sequence & is meant to be used as a guide. Students should check the Undergraduate Catalog for their entrance year into Fairmont State University (or any subsequent catalog) to learn more about the graduation requirements for their major.