



FAIRMONT STATE UNIVERSITY™

Intramural & Club Sports

Club Sports Participant Registration

Activity (Name of Club): _____

School Year: 20 ____ - 20 ____

Name of Participant _____

Birthdate _____ Gender: Male ____ Female ____

Status: Freshman Sophomore Junior Senior Grad University ID # _F_____

Address: _____

Phone # _____

Email _____

In case of emergency, notify _____ Phone # _____

Assumption of Risk and Release from Liability

In consideration for being allowed to participate in the Club Sports Program at FSU, I (the undersigned) acknowledge, appreciate and agree that there are inherent risks involved with the ACTIVITY named in the Club Sports Participant Registration above, including but not limited to those risks described in the Statement of Program Risks and Hazards, which is attached hereto and incorporated herein by this reference. Notwithstanding, I choose to voluntarily participate in this ACTIVITY with full knowledge that said ACTIVITY may be hazardous to me and my property; and I voluntarily assume full responsibility for any risk of loss, property damage or personal injury, including death, which may be sustained by me as a result of my participation.

I hereby release, waive, and discharge Fairmont State University and its Board of Trustees, its officers, agents, employees and representatives from all claims, demands, liabilities, rights and causes of action of whatever kind or nature, that may result from or occur during my participation in this ACTIVITY, whether caused by negligence of FSU, its Board of Trustees, officers, agents, employees or representatives or otherwise. I also agree to indemnify and hold harmless FSU for any loss, liability, damage or costs, including court costs and attorney's fees that may occur as a result of my negligent or intentional act or omission while participating in this ACTIVITY.

I am aware of the physical demands of this ACTIVITY, and I know of no medical reason why I should not participate.

I understand that participants are not covered by FSU under an institutional health/medical insurance policy, and I acknowledge that I am solely responsible for any medical or other costs that may directly or indirectly result from my participation in this ACTIVITY. I certify that I have seen a medical physician and have been cleared to participate.

I certify that I have adequate health/medical insurance necessary to provide for and pay any medical costs that may directly or indirectly result from my participation in this ACTIVITY.

I understand that I have been informed of the institutions Concussion Protocol and agree to abide by all concussion guidelines. I will inform the Department of Intramurals of any suspected/diagnosed concussions and will provide the required return to play paperwork before continuing to participate.

I understand that the decision to have a coach or instructor is left to the discretion of each club, and that the Department of Intramurals is not responsible for the selection, training, supervision, or compensation of coaches/instructors.

Furthermore, I understand that travel to events off campus is by privately leased or personal vehicles at the expense of the participants and/or club.

I have carefully read this Assumption of Risk and Release from Liability and have had sufficient time to seek explanation of the provisions contained therein. Furthermore I have read and understand the Program Risks and, Hazards as they apply to this activity. After careful consideration, I sign this document voluntarily and without any inducement.

Signature of Participant _____ Date _____

Code of Conduct

Participants in the Club Sports Program are expected to conduct themselves in a manner that will reflect positively upon themselves, the team of which they are a member, the Department of Intramurals and Fairmont State University. Their responsibilities include but are not limited to the following.

General Behavior

- To act morally and exemplify a high sense of personal honor and integrity.
- To show respect for the rights and property of others.
- To observe University regulations, state and federal laws, and city ordinances.
- To follow general Student Organizations policies and procedures.
- To maintain a 2.0 overall GPA at all times.

Use of Drugs and Alcoholic Beverages

- To refrain from use of drugs, except for medical purposes.
- To refrain from consumption of alcoholic beverages if under the legal drinking age of 21.
- To refrain from purchase or provision of alcoholic beverages for persons under the legal drinking age of 21.
- To refrain from consumption of alcoholic beverages and/or illegal drugs while traveling, competing/participating, or being a spectator at club events.
- To act with restraint and good judgment in the consumption of alcoholic beverages, and to refrain from driving under the influence of alcohol.

Engagement in Club Activities

- To display good sportsmanship before, during, and after any competition
- To refrain from physically or verbally abusing an official, opposing player, spectator or coach.
- To refrain from use of obscene gestures, profanity or disrespectful language.

Social Networks **DO NOT** post, endorse, or retweet any material on social networking sites that:

- May be interpreted as racial or sexually offensive or charged;
- May be interpreted as derogatory towards teammates, other students, coaches, faculty and staff;
- Show illegal activities (i.e. underage drinking, illegal drug use, etc.); or
- Show violations of rules and regulations of Team, Intramural Department, Institution, or any National Organizations that your sport team adheres (i.e. hazing, gambling, academic dishonesty, etc.).

Failure to abide by the provisions of this code will result in disciplinary action by Student Judicial Services and/or the Department of Intramurals, which could include loss of player participation privileges, probation from the team, or suspension of club activities, and suspension or expulsion from the institution in which the player is enrolled depending on the nature and severity of the violations.

As a member of the _____ Club, I have read and accept responsibility for abiding by the Code of Conduct for Club Sports. I understand that violations of the code will result in disciplinary action involving personal and/or team sanctions as indicated above.

Name of Club Member Please Print

Signature of Club Member

Date

Fairmont State University
Department of Intramurals
Statement of Program Risks and Hazards

There are inherent risks and hazards associated with the recreational activities that are part of the Fairmont State University Campus Intramural/Recreation Program including but not limited to the following:

RISKS & HAZARDS

1. Body or object contact while engaged in contact sports such as football, rugby, cheerleading or soccer; falling from heights while engaged in activities such as cheerleading. The above risks could result in serious injuries, including but not limited to concussion, loss of vision, neck/spinal trauma, broken bones, joint dislocation, loss of teeth, internal injuries, muscle injuries, wounds, or severe bleeding, and even death. These risks can be reduced by wearing and using appropriate protective equipment, ensuring equipment has been inspected and checked for safe operation, and following the rules and regulations that promote safe participation in the activity in which you are engaged.
2. A traffic accident when traveling to a club activity that could result in serious bodily injuries or even death. This risk can be reduced by following traffic laws and proper driving practices and reminding other drivers to do the same.
3. Weather conditions, such as lightning, hail, or wind that could cause serious bodily injuries or even death. This risk can be reduced by stopping the activity and taking proper care when a storm appears likely.
4. Muscular overuse that could result in muscle cramps, pulls, sprains, strains, cuts, bruises, or other injuries during normal activity. This risk can be reduced by proper conditioning and rest of the muscle systems. Injuries to the muscles can also be prevented by warming up and stretching prior to play, by proper execution of strokes/skills, by using appropriate clothing and equipment, and by not playing on wet or slippery surfaces.
5. Dehydration (a loss of body fluid caused by profuse sweating and inadequate fluid intake) that could result in fatigue, weakness, irritability, nausea, dizziness, and even disorientation. This risk can be reduced by consumption of cool liquids during breaks in play or activity.
6. Overexposure to heat that could result in heat exhaustion or heat stroke, which is a life-threatening condition. This risk can be reduced by not playing or curtailing your level of exertion during hot weather and consuming adequate amounts of cool fluids.
7. Overexposure to the cold that can result in hypothermia and frostbite, which can be life or limb threatening conditions. This risk can be reduced by wearing appropriate clothing for the given weather of body heat.
8. Physical overexertion that could result in death due to cardiovascular complications. This risk can be reduced by not eating immediately before participation, by proper conditioning, by recognizing signs of fatigue, and by reacting responsibly to the various warning signs of cardiovascular distress.
9. A concussion is a brain injury that may be caused by a bump, blow, or hit to the head or a blow to another part of the body where the force is transmitted to the head. All concussions and brain injuries are potentially serious and often occur without loss of consciousness. Symptoms include (but are not limited to) transient confusion, disorientation, impaired consciousness, dysfunction of memory, loss of consciousness, seizures, irritability, lethargy, vomiting, headache, dizziness, or fatigue. This risk can be reduced by following all safety protocols, training/practicing/performing within all safety guidelines, and

wearing required safety gear. Visit: <https://www.cdc.gov/headsup/index.html> for complete information regarding concussion signs/symptoms.

PARTICIPANT RESPONSIBILITIES

Participants in Campus Intramural/Recreation programs are personally responsible:

1. for engaging only in those programs and activities, for which they have the prerequisite skills, qualifications, preparations, and training.
2. for reading, understanding, and abiding by the rules and regulations established for safe participation, and avoiding unnecessary, hazardous situations, including those situations that result when their actions go beyond the generally accepted practices for safety in an activity.
3. for complying with state and federal laws and University policy concerning the use of alcohol and/or illegal drugs.
4. for conferring with the Student Health Service medical staff or with their family doctor regarding any known physical conditions or problems that may limit participation in a particular program, and for reporting these to the Department of Intramurals. If the situation warrants, a medical clearance may be required for participation.
5. for attaining an appropriate level of fitness and conditioning as a prerequisite for participation. The likelihood of injury decreases with increased fitness levels.
6. for using appropriate training techniques that can help to prevent injury.
7. for wearing appropriate dress and/or personal protective equipment.
8. for reporting hazards or potential hazards in facilities and equipment, as well as other safety concerns, to the Intramural office in the Falcon Center.
9. for completing and submitting an injury report within 24 hours of the occurrence of an injury. The Department of Intramurals should be contacted as early as possible by phone in the event of a serious injury or illness.
- 10. for assuming all financial obligations incurred for treatment of any injury or illness that may be sustained as a result of participation in club programs and activities. Fairmont State provides no insurance coverage for participants in recreational activities. Participants must have accident/medical insurance through coverage provided by a personal policy or a parent's policy.**
11. for reading and signing the Release and Waiver, Code of Conduct, and Medical Information forms prior to participating in any program.
12. for reviewing the facts on Heads Up Concussion <https://www.cdc.gov/headsup/index.html> and alerting all necessary personnel if you feel any of the signs or symptoms of a concussion. And for following all return to play procedures following a suspected or diagnosed concussion.

Should you have any questions regarding this statement, please contact Tina Mascaro, Club Sports Director at 367-4291 or tmascaro@fairmontstate.edu