**THE NEST**
FAIRMONT STATE UNIVERSITY

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**Hours of operation**
Hours vary per semester.

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**Information regarding the nest**
The mission of the Nest is to provide students in need with food and other resources. The Nest is open to ALL students, but we do ask that you bring a valid student ID with you when you come.

(Located on the 2nd floor, Falcon Center)

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**Dry goods**
- Cereal
- Chips
- Cookies
- Crackers
- Cup Noodles
- Granola Bars
- Hot Chocolate
- Macaroni and Cheese
- Mashed Potatoes
- Moon Pies
- Oatmeal
- Peanut Butter
- Peanuts
- Popcorn
- Poptarts
- Pretzels
- Ramen Noodles
- Rice
- Sugar

**Cans/juices**
- Applesauce
- Beans
- Beef Stew
- Breakfast Shakes
- Canned Oranges
- Canned Peaches
- Canned Pumpkin
- Chicken Breast
- Chicken Noodle Soup
- Corn
- Diced Fruit Cups
- Fruit Juice
- Green Beans
- Pudding
- Spaghetti and Meatballs
- Tomato Sauce
- Tuna
- Vegetable Soup
- Vienna Sausages

**Non-food items**
- Baby Wipes
- Hats
- Pads
- Panty Liners
- Shampoo
- Soap
- Tampons
- Toilet Paper
- Toothpaste